



Message from your President- Rosie Allen

I am excited about our Annual Meeting that will be held November 30-December 2 in Lexington, Kentucky. **Please read the article from President-Elect Linda Combs and Vice-President for Professional Development Debra Cotterill for all the details on the State Meeting.** Your Area VP's for Professional Development are planning an event filled agenda to specifically address the theme *Positive Perspective: How Full is Your Glass?*

Like many of you, I have just returned reenergized from the National Association meeting that was held in Albuquerque, New Mexico. It was a wonderful meeting and location for us to learn and enjoy. Once again Kentucky represented 10% of the entire delegation in attendance. Thank you for supporting your state and wearing your U.K. plaid on Kentucky day. Thanks to all the agents and guests who attended plus our administration. We were fortunate to have Dr. Ann Vail and Dr. Laura Stephenson with us this year.

Kentucky did shine on awards night, winning several awards for Southern Region and at the National level. Special Thanks to Judy Hetterman our National Treasurer for the past two years. She represented us well on the national level. We also congratulate National Officer Lora Lee Howard, Vice President for Member Resources. We appreciate these two agents for going above and beyond in their service to our association. Please mark your calendar for September 24-28, 2012 when we will travel to Columbus, Ohio for our next NEAFCS meeting.

I hope you will consider ordering a case of Living Well books when you submit your KEAFCS registration. The sale of these books will help us prepare for hosting the National meeting in 2014. As I've traveled around my area to teach a lesson, I was pleasantly surprised that I sold 2 Living Well books simply by passing them around during the lesson and mentioning that the books make great gifts to keep on hand.

For current board members please mark your calendar for our upcoming board meeting on November 8 at the Hardin County Extension Office.

KEAFCS is your professional organization and it is only as strong as the participation of the members. I recently learned that Jesus characterized His entire ministry with these words: “By myself I can do nothing” (John 5:30). Let’s continue to work and learn together to positively impact our local communities and our great state as we build leaders and promote excellence.



KEAFCS delegation at National Meeting in Albuquerque, New Mexico, September 2011

Pam York, Vice-President for Awards and Recognition

Please mark your calendar now for the new deadline of **January 13, 2012** for submitting KEAFCS/NEAFCS awards.

Keep in mind...

- Individual and team applications are all judged together.
- Awards will no longer be returned so make sure you keep a file copy.
- NEAFCS member dues must be paid by the affiliate treasurer prior to January 1, 2012 for members to be eligible for awards.
- Copy of the online application must be the cover and able to be viewed without opening the folder.

- Each individual piece should be labeled with name, address and entry # and securely attached.
- Please don't forget to sign the application form at the bottom of page.
 - Greenwood Frysinger Award (combined) with new focus on mentoring.
 - Educator of the Year – will now receive a plaque and not money
 - Several awards have a first place partial scholarship to Annual Session. Must be used the year the award is received. Additional places receive certificates

The award scholarship will be:

- A credit toward the cost of a full-time registration fee for NEAFCS annual session (no checks will be issued).
- If the applicant is not able to attend annual session the year the award is received the scholarship will be forfeited, but the award certificate will still be given to the recipient.

In the case of team awards:

- The scholarship will be given to the individual who completed the online award application (team leader).
- It will be the responsibility of the team leader to compensate other team members per agreement by the team.
- If the team leader is not able to attend annual session they may designate in writing, one (1) other team member (whose name appears on the original online award application) to receive the scholarship.
- ACI Clean Homes renamed Clean and Healthy Families & Communities Award.
- NEW - Communications Award – Photography.

- NEW – Family Health & Wellness Award.
- Discontinued Healthy Lifestyles Grant.
- NEW - Human Development /Family Relationships Award.
- NEW - School Wellness Award.
- NEW - Social Networking Award.
- NEW- **Greenwood Frysinger Award.**

Linda Combs & Debra Cotterill, President Elect and KEAFCS VP for Professional Development

Greetings,

Positive Perspective: How Full Is Your Glass? is the theme for the 2011 KEAFCS Annual Meeting. It will be held at the Crowne Plaza Hotel in Lexington Thursday and Friday, December 1st and 2nd. Your meeting is being planned by the Area Vice-Presidents for Professional Development. The sessions will included:

- Accessing Your Desktop Remotely
- Using Lync/Connect for calls, meetings and trainings
- IPads & Smart phones, Apps and more
- Trends on both small and large applicances
- Beef education material update
- Human Resources and Retirement both Federal and UK
- Family Work Life Management Change/Balance
- Exhibits and award winner exhibits
- Speed-Networking (Program ideas and/or personal tips on how to balance work and family)

Our meeting will follow the NEP In-service, November 29th and the HES All School Conference, November 30th.

Agents are to complete the registration form that is attached and return to Chris Duncan by November 16th. Please remember that you are completing one form for the All-School conference **and** Annual Session. If you are interested in also attending the NEP training, contact Sarah Brandl at sbrandl@uky.edu . **For reimbursement the All-School conference and NEP training will be on county funds and the Annual Session on professional development funds.** The NEP training is listed on Catpaws as ID #P156 and the All School Conference is ID #P160.

We will host the silent auction again this year. Areas are asked to bring items but individuals may also donate treasures. Money generated from the auction will be used to help agents with limited professional development funds with the balance going toward hosting the NEAFCS 2014 meeting.

Please complete the following items as soon as possible:

Room Reservation at the Crowne Plaza by November 3rd

Three options:

1. Call The hotel directly (859) 255-4281 and ask for the HES/FCS 2011 Meeting or Block Code KEA
2. Call Central Reservations (800) 2CROWNE and ask for the KEA Block
3. Go online to www.crowneplaza.com/campbellhouse, type in your dates and add the group block code of KEA.

The \$79 per night rate includes breakfast each morning, so it is important to put the amount or names of the guests in the room when making reservations. The breakfast voucher can be used either as a Hot buffet in the Kilbern's Dining Room or for a quick grab and go in Starting Gate Café. Both of the areas are open from 6:30AM to 9:00AM. Your voucher will be available at check in.

Complete the registration form, indicating if you are attending the food functions and mail it along with a check **AND include** your NEAFCS updated renewal form printed from the [NEAFCS website](http://www.neafcs.org) <http://www.neafcs.org/content.asp?pageID=1238> (you must login to update your profile then hit print to get the copy that you send with our annual session

registration to Chris Duncan. Include a Living Well Book order form if including that in your purchase.

Other Items of interest:

- On Wednesday during the All School conference there will be opportunities for professional photos by Matt or Steve from Ag communications, so wear your smile.
 - TIAA-CREF and Fidelity representatives will be available for personal conferences (pre-scheduled, watch for announcements)
 - Sleeping Room Internet service is included in the conference fee.
- ❖ **Please join us for Dr. Vail's Reception at the Boone Center on campus following the All School Conference, Wednesday November 30th at 5:30. You will experience delicious food and warm fellowship along with some surprises.**

We look forward to sharing these days of education, fun and celebration with you,

Linda Combs and Debra Cotterill

2012 KEAFCS President Elect and 2011 KEAFCS VP for Professional Development

Northern Kentucky Area- Kate Vaught

As a group, we went on a tour at Hanover College in Hanover, Indiana. We then hopped over to historic Madison, Indiana where we toured a chocolate shop and visited many crafty/quilting shops. We also went to the Cincinnati Museum Center where we toured the Cleopatra Exhibit.

In September, seven of us traveled to our National Meeting in Albuquerque, New Mexico. We were honored to have Judy Hetterman representing us as the National Treasurer for NEAFCS. Great Job, Judy! Three agents also went on the "Diverse Families Study Tour" with Dr. Vail. From our travels to New Mexico, we

brought back not only a wealth of programming information, but also a better understanding of the diverse history and culture of the “Land of Enchantment.”

Pennyrile Area – Jill Harris

Pennyrile Area FCS Agents, along with Vicki Wynn from Purchase Area, and two guests attended a “Pies and Tarts” workshop at the Viking Cooking School in Franklin, TN. During the hands-on workshop, agents prepared pies from scratch, made lattice and other decorative finishes, and gained some great ideas for teaching food preparation classes.

Marsha Parker, Nancy Hunt, Nancy Kelley, Annie Kingston, Laura Holt, Jill Harris, and Cecelia Hostilo attended the NEAFCS Annual Meeting in Albuquerque, NM. Congratulations to Marsha Parker for winning the NEAFCS Distinguished Service Award and to Jill Harris for winning the NEAFCS Continued Excellence Award. Laura Holt, Vicki Wynn, Debbie Temple, and LaDawn Hale participated in “New Mexico on the Diverse Families Study Tour,” prior to NEAFCS. As a result of these experiences, District 7 FCS Agents will host “Christmas on the Side- A Journey Through the Land of Enchantment” for Extension Homemakers and guests on December 5 at the UK Research and Education Center in Princeton. The program will include food demonstrations, a New Mexican heritage craft and hands-on activity, slide show from the Study Tour as well as guest speaker, Dr. Amy Hosier, Extension Specialist in Family Life Education

Pennyrile Agents met at the Home of Nancy Kelley in Madisonville. Nancy’s neighbor, Victoria Z. Rivers hosted the group at her house for lunch and a presentation on agriculture baskets from Southeast Asia. Victoria has traveled extensively around the world and has a unique collection of baskets and other artifacts from Asia. For lunch the agents tasted several types of rice that Victoria has brought back to Kentucky from her travels. She is a retired professor from UC Davis, an author and textile artist, and a Murray State University graduate.

Livingston County moved into their new office building on October 13. The building is located at 803 U.S. Hwy 60 East, in Smithland. It is on the same grounds as the Livingston County Fairgrounds. The new building features a dedicated work room, project room, large meeting room, and a demonstration kitchen!

District 7- Nancy Kelley

District 7 agents, along with daughters, attend the Viking cooking school “Pies and Tarts” class in Franklin Tennessee.



Purchase Area- Vicki Wynn

Purchase Area FCS agents who participated in the Diverse Families Study Tour in New Mexico September 18-25 were: LaDawn Hale, Debbie Temple and Vicki Wynn. Sara Bogle, Melissa Goodman, and Virginia Langford joined them for the NEAFCS national meeting in Albuquerque September 26-30.

District 1 – Eugenia Tackett

District 1 FCS agents make programming fun as well as educational. This year we have explored some beautiful areas of Kentucky that are practically in our back yards. A wooly good time was had by all at the District 1 FCS retreat to LanMark Farms. This farm visit was a great opportunity to learn more about local Agritourism and Community/Economic Development. LanMark Farm is located in central Kentucky, nestled between the rolling bluegrass hills of Bourbon County. This area has long been noted for historical sites and buildings from the late 1700's into the 1900's. The farm is a working sheep and cattle farm that has been supporting families since 1824. Agents were able to work with wool and make felted materials as well as experience a new felting machine that the farm owners created in conjunction with University of KY. Kentucky has many things to offer visitors as well as locals. District 1 FCS agents hosted a local Paraprofessional recognition banquet held at Carter Caves State Park. All participants were able to enjoy beautiful scenery while engaging in team building fun activities.

The following were NEAFCS award winners:

Distinguished Service Award:

Nellie Rose Buchanan

Continued Excellence-

Stephanie Michelle Derifield

Martha Huntsman Perkins

Education Technology:

Debra Barker Cotterill and Brooke Jenkins-Howard

The following were the District 1 FCS agents to attend the NEAFCS: Martha Perkins, Nellie Buchanan, Sally Mineer, Terry Whalen, Peggy Powell, Eugenia Wilson, Rita Spence and Suellen Zornes Cunningham.

Green River Area- Melanie Bealmear

The Green River Area FCS Agents are in their 6th year of “central location” Homemaker Leader Lesson Trainings. The lessons for two months are taught every other month in Daviess County and Henderson County. The first lesson begins at 10:30 a.m., lunch is served and the second lesson begins at noon. The average attendance in the Daviess County office has been fifty and the average attendance in the Henderson County office has been twenty. Each county makes a monetary contribution based on the number of clubs in each county to pay for lunches.

In other news...

Christy Ramey, Daviess County FCS Agent attended the Study Tour in New Mexico this fall. Agents Amanda Hardy, Henderson County, Amber Meeks, McLean County, and Melanie Bealmear, Union County attended the NEAFCS Conference held in Albuquerque, NM as well.

Quicksand Area- Linda Combs

Martha Yount, Natasha Lucas and Linda Combs attended NEAFCS in Albuquerque, NM.

The Quicksand FCS agents attended a wooden cutting board workshop at the Robinson Station in October. In this workshop the agents learned about 3 different kinds of trees in KY that are in danger due to invasive insects that are infecting the Ash, Walnut and Maple trees. All of which the cutting boards were made from. They also learned what these insects look like and how to determine if a tree is infected, and the laws against transporting fire wood across state lines.



Lake Cumberland Area- Anastasia Wheeler

Our congratulations go to Christy Nuetzman on receiving the first place Community Partnership Award on the national and southern region levels, and the third place Florence Hall Award for the southern region for the program she developed – “Truth and Consequences: The Choice is Yours”. Becky Nash and Edith Lovett attended the New Mexico Educational Tour and will be sharing their experiences with the other FCS Agents in our Area & District. Our thoughts are with Pam York who has been out for several weeks with a severe ankle problem. We hope Pam will be able to walk and be back at work soon. Becky Nash and Jody Paver have worked with Pam Sigler to do television spots on WTVQ and WKYT promoting UK publications and programs. Pam York and Kelli Bonifer are both involved with the Plate It Up Committee and have started a community TV spot demonstrating recipes from this program.

Louisville Area- Sheila Fawbush

Congratulations to Chris Duncan who received the NEAFCS Distinguished Service Award.

Four Louisville Area counties are collaborating to present an “Extreme Makeover – Holiday Recipe Edition” on November 14.

Spencer County is in the middle of construction of a 13,000 square feet, high tech extension facility.



Kentucky Saves Campaign- Theresa Howard



Agents remember that we now have a Kentucky Saves website- <http://www.kentuckysaves.org/> .

You can enroll savers year-round on this site. 2012 America Saves Week is Feb. 19- 25. Plan extra promotion of the KY Saves campaign during that time. You can find info for regular media outlets and social media outlets on the Moneywi\$e website- <http://www.uky.ag/moneywise/agents/index.htm>.

And Jennifer Hunter & Katie Keith are organizing a statewide Piggy Bank Design Contest again. Two winners from each Extension District will be on display at the Capitol Rotunda for the month of February 2012. Each Extension District should decide on their two winners and get them to Katie Keith's office on UK campus by January 27, 2012. The winning youth will receive a recognition certificate. The website for updated Piggy Bank contest flyer or KY Saves marketing materials is http://www.ca.uky.edu/hes/internal/kentucky_saves.php.

REGISTRATION FORM

FCS In-Service Training "Struggles in the Commonwealth: A Family Systems Response"
KEAFCS Annual Meeting "Positive Perspective: How Full Is Your Glass?"
Crowne Plaza (Campbell House), Lexington

Name: _____

Address: _____

County _____ Email: _____

Office Phone: (_____) _____ Cell phone while attending

KEAFCS(_____) _____

Please check **ONE** of the following:

____ KEAFCS Member ____ Non KEAFCS Member ____ Retiree ____ Life Member

____ Administrator/D.D. ____ Other: (Specify) _____

November 29th NEP In-Service Training (ID#P156) Contact Sarah Brandl

sbrandl@uky.edu

November 30th FCS Update In-Service Training (ID#P160) \$ 110.00

\$ _____

Includes Reception at the Boone Center Hosted by Dr. Vail

December 1 - 2 KEAFCS Annual Meeting Member Registration \$250.00 (postmarked by 11/16)

(Member Registration includes Awards brunch & 2012 KEAFCS dues) \$ 275.00 (postmarked after 11/16)

December 1 - 2 KEAFCS Non-Member Meeting Registration \$ 325.00

\$ _____

December 2 Awards Brunch – (ONLY) \$ 35.00

\$ _____

(Administrators, Past Honorary Members, Life Members, Retirees & Guests Only)

Living Well More Than a Cookbook (\$25 each/\$250 per case, complete page 2 when ordering books)

\$ _____

Book amount can be added here or as a separate check. Complete page 2 either way.

TOTAL

\$ _____

For an accurate count at food functions: Reception 30th ____ Yes ____ No Awards Brunch Dec. 2
____ Yes ____ No

FCS Extension Agents: Is this your first state meeting to attend? ____ Yes ____ No

Early Bird Discount Deadline = Nov. 16, 2011 Make checks payable to: KEAFCS
Mail completed form & payment to: Chris Duncan, 1815 North Highway 393, La Grange, KY
40031-8632

KEAFCS Member SALES ORDER FORM
LIVING WELL More than a Cookbook

Great recipes and researched information from Extension Family and Consumer Sciences

Your order Price \$25.00 Each Quantity _____ Total \$_____

Case of 10 books \$250.00 Quantity (cases) _____ Total \$_____

Note: Shipping included in cost for case lots, individual book pricing is for pick up only at KEAFCS Annual meeting. We cannot ship individual books. Cases of books will be shipped from publisher to the "ship to" address indicated below.

Purchaser

Name _____

Contact Information _____

E-mail address _____ Phone _____

Make checks payable to **KEAFCS**

Check Number _____ Amount _____

Ship to Address only for cases of books:

Name _____

Address _____

City _____ State _____ Zip _____

Telephone _____ E-mail _____
