KEAFCS Newsletter - Spring 2012



Linda R. Combs - President

Many of you have asked me why I wanted to be president of KEAFCS, it's simple I have always loved and believed in Family and Consumer Sciences. I think that we are even more relevant today than at any other time during my career. So, thank you for the privilege of serving as your president.

In February I traveled with Rebecca Nash and Sally Mineer from our association to San Antonio, Texas for the JCEP conference "Building the Leader in You". We were trained by Kevin Eikenberry on the keys to remarkable leadership. Mr. Eikenberry discussed that an important part of leadership is accepting and dealing with change. To me one of the best parts of this training was meeting Extension leaders from many different states and listening to how and what they are doing. As many people have told us other states do envy Kentucky Extension, we are still working strong and hard. Many states reported they no longer have county agents but are area agents, in some states if they are employed they are 4-H agents, some states are trying to use program assistants as agents. Most states said they are now adjusting to "it is what it is".

In April I traveled with Liz Kingsland from our association to the Public Issues Leadership Development conference in Alexandria, VA. The theme for the conference "Cooperative Extension Relevant Now and Beyond" says it all. We were privileged to hear one of the best speakers for Extension I have ever heard, Marshall Stewart. Mr. Stewart is the Associate Director of North Carolina State University. He loves FCS, knows and understands Extension and is enthusiastic about his job. All the KY people from the different associations agreed it would be wonderful to have him speak to all of our agents.

One of the duties I have enjoyed the most was bringing greetings to the KY Extension Homemakers Association State board meeting on behalf of our association. I enjoyed telling them how important they are to us. If you don't know this your Homemakers love you, they can't praise you enough. I want to thank Debra Cotterill and Sally Mineer for taking greetings to KAFCS.

Information for NEAFCS 2012 is now on the website. Our hotel will be the Hyatt Regency downtown Columbus, you can reserve rooms now however be sure to

ask for the NEAFCS block. The in-depth sessions sound interesting. The welcome event will be at the Columbus Zoo.

Several of you have asked me "why are we working on the 2014 NEAFCS meeting so early?". National says we have to; they want the same two people to be the liaisons for the duration of the meeting. On behalf of our association I want to thank Sally Mineer and Kathy Byrnes for accepting this position. All decisions relating to the conference have to be approved by National, the hotel, the site for the welcome event, the theme, the goals, and on and on.

From these meetings and to deal with the concern I know all of us are feeling about the future of FCS Extension I remember what these two ladies have to say. Caroline Crocoll, director of the Institute of Youth, Family and Community (NIFA) said we can no longer consider what we do as basic education it is "essential". We need to be proud of who we are, what we do and how we do it. From our own Dr. Stephenson I have heard that we need to be sure to report our work and report it carefully in the right categories. We are Family and Consumer Science Extension Agents.

Linda R. Combs, 2012 President

Quicksand Area-Linda Combs

February – visited the Hospice Care Center in Hazard April – we visited the Jackson County Food Processing plant

Award winners at KEAFCS:

Environmental Education – Martha Yount
Mary Wells Memorial Diversity – Gienna Wooten & Nanette Banks
Progress Award – Over 10 Years – Glenna Wooten
Food Safety – Linda Combs

Northeast Area - Stephanie Derifield

Congratulations to Gwenda Adkins, Elliott County FCS Agent, who received the East Kentucky Public Individual Leadership Award from the East Kentucky Leadership Foundation. This prestigious award is awarded to individuals whose public service is dedicated to the betterment of the region.

Congratulations to Theresa M. Scott, Floyd County FCS Agent, who was recently recognized and honored as a graduate of the Leadership East Kentucky Class of 2011.

We are pleased that Leslie Workman, former Pike County FCS Agent, has returned to her previous FCS position in Pike County. Welcome Back Leslie!

Northern Kentucky Area -

Thanks very much! Let me know if you have questions!! Katie Smallwood

In Northern Kentucky, we have been very busy! Our District 3 FCS Retreat was held at Churchill Downs in Louisville. However, due to the March 2 tornadoes, we cut the day short and rushed home where we later found out that our area would suffer from much loss and devastation.

On a happier note, we are very happy to report that our members Kathy Roesel Byrnes was nominated for the Sara Holmes Award and is co chair of the NEAFCS committee for NEAFCS in 2014 when Kentucky hosts.

We are also very proud of Rosie Allen for being awarded the ESP Mid Career Award. Rosie is a wonderful agent and past KEAFCS President too.

Judy Hetterman is the immediate past NEAFCS Treasurer, a job well done, we are very proud!

We have a great deal to be thankful for and we all also shared an association day at Keidel Showroom and IKEA in Ohio, where we learned about kitchen and bath trends.

District 3 FCS Retreat at Churchill Downs in Louisville!



Licking River Area - Stephanie Derifield

Donna Fryman, Fleming County FCS Agent, attended this year's Priester Conference in Washington, D.C. Donna and program assistants gave a presentation on the "Healthy Divas" program.

Congratulations to Sally Mineer for serving as co-chair for the KEAFCS Site Committee for the 2014 NEAFCS meeting in Kentucky.

Shannon Smith recently attended a parenting conference in Colorado.

Martha Perkins, Bath County FCS Agent, was elected to serve as State President of KAFCS for the 2012-13 year.

Welcome new FCS Agents; Laura White, Rowan County and Amanda Hamilton, Menifee County (FCS/4-H).

Peggy Powell and Martha Perkins served as chair and chair – elect of Epsilon Sigma Phi (ESP) Public Issues Committee and conducted a survey with ESP retirees regarding advice for future retirees. This information was shared with ESP active members and the Life Member Committee at the annual Kentucky ESP Meeting in March. A display about retirement was also presented at the annual meeting. This display has been requested for the KY 4-H Agents Association and the National ESP Annual Meetings as well. Other FCS Agents and retired agents on the committee are Rita Spence, LaDawn Hale, Daniel Wilson and Martha Welch.

Mammoth Cave Area – Lynn Blankenship

Lara Savage will be graduating in May 2012 with a master's degree in Adult Education from Western Kentucky University. Her capstone project has been to apply program planning processes with multiple adult teaching methods, into a final project addressing diabetes management and control in Monroe County; by targeting individuals who work and are underserved by other enteritis within the county.

MCA FCS Agents are responding to President Capiluto's health challenge and will be walking in the Moving for Healthy Hearts challenge to beat U of L as a part of the UK Health and Wellness Group.

Mammoth Carve Area Family and Consumer Sciences Extension Agents met to conduct program planning for the coming year's activities and for professional fellowship, at the home of Pat Margolis on Friday, March 30, 2012. Janet Johnson and Lara Savage provided updates on upcoming multidisciplinary Farm and Food and marketing activities in our area. Mrs. Betty Barrick a Barren County Homemaker Leader and the District 6 FCS representative on the State FCS Program Advisory Council also attended and provided an update of the activities of the state advisory council. Mrs. Barrick also agreed to continue to serve another term in that role, for District 6.

Janet Johnson, Allen County Extension Agent for Family & Consumer Sciences is presenting one of three, JCEP sponsored presentations on April 17th at the Public Issues Leadership Development conference in Arlington, VA. Janet's abstract was selected as one of three that will be presented and was selected from a pool of thirty abstracts submitted – way to go Janet! Her presentation is titled: Strengthening Local Leaders through KELD. The innovative Kentucky Extension Leadership (KELD) curriculum provides an interdisciplinary approach to developing personal, organizational and community leadership development skills for volunteer based organizations. Facilitators utilize a learning activity approach specialized to program audience, which enables participants to increase the capacity for community volunteerism, influence community stakeholders and positively address local issues.

Kathy Jump retired on October 31, 2012 and is working on a post retirement appointment through November 3, 2012. Kathy Jump began working for Extension August 27, 1975, as an Area Specialist with the KSU Cooperative Extension Program and transferred to Simpson County Family and Consumer Sciences Agent on May 13, 1980.

The MCS FCS Agents are forming a Health Walk Challenge Team and will be walking as a group in each of our 10 counties during the April 14 – June 12, 2012 Health Walk Event.

Pennyrile Area- Annie Mae Kingston

The Pennyrile Area Extension Agents met in March for professional improvement at the new Livingston County Extension Office in Smithland. They also toured the new County Justice Center and Library/Office Building.

